HIV-2 Infection

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Section 6: Key Populations
Topic 8: HIV-2 Infection

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Background

Comparison of HIV-1 and HIV-2

Human immunodeficiency virus (HIV) is categorized into two main types: HIV-1 and HIV-2. Although HIV-1 and HIV-2 have the same routes of transmission and both can cause acquired immunodeficiency syndrome (AIDS), important differences exist between the viruses in terms of epidemiology, natural history, diagnosis, and management.[1,2] Compared with individuals with HIV-1 infection, persons with HIV-2 infection typically have attenuated clinical progression and lower rates of sexual and perinatal HIV transmission.[3,4,5,6] Significant differences exist in the antiretroviral management of HIV-1 and HIV-2.[2] Clinicians should become familiar with the differences between these HIV infections and maintain a high index of suspicion for HIV-2 infection in persons from high-risk regions. In regions where HIV-2 circulates, individuals can become infected with both HIV-1 and HIV-2.[7]

HIV-2 Globally and in United States

Among the estimated 36.7 million individuals living with HIV worldwide as of 2016,[8] approximately 1 to 2 million are living with HIV-2.[1,9] Most persons infected with HIV-2 reside in West Africa, or in countries that have strong colonial or socioeconomic ties with West Africa, most notably France, Spain, and Portugal; HIV-2 has been reported in significant numbers in several former Portuguese colonies, including Angola, Mozambique, Brazil, and India (mainly in the states of Goa and Maharashtra and to a lesser degree in some southern regions).[1] During approximately the last two decades HIV-2 prevalence has declined in several West African countries, but the reason for this are unclear.[10] In the United States, it is estimated that fewer than 1% of persons living with HIV have HIV-2 infection. The first case of HIV-2 in the United States was reported in 1987.[11] The vast majority of persons diagnosed with HIV-2 in the United States have emigrated from an HIV-2 endemic region, or had exposure to a person from an HIV-2 endemic region (Figure 1).[12] In addition, most of the reported cases of HIV-2 in the United States have been clustered in the northeast, as highlighted by a 2010 report that described 62 persons diagnosed with HIV-2 in New York City.[12,13] The reported number of HIV-2 infections may significantly underestimate the actual number of cases, due to unrecognized or undiagnosed infections.
Pathogenesis and Natural History of HIV-2

Pathogenesis and Transmission of HIV-2 Infection

Relative to HIV-1 infection, HIV-2 is less virulent and is characterized by lower plasma HIV RNA levels, slower decline in CD4 cell counts, lower AIDS-related mortality rates, lower rates of perinatal transmission, and lower rates of sexual transmission.[2,6,10,14,15,16] For example, in West Africa, investigators prospectively followed 133 persons with HIV-2 who were not receiving antiretroviral therapy from 1991-2009 and found HIV-2 RNA levels remained consistently low, with 36-42% of the HIV-2 RNA levels falling in the range of less than 100 copies/mL (Figure 2).[17] This same study showed the rate of disease progression and mortality rates correlated with the baseline plasma HIV-2 RNA levels obtained in 1991: individuals with baseline HIV-2 RNA levels less than 100 copies/mL had very low mortality, similar to that in the general population in West Africa (Figure 3).[17] Other studies have observed a large proportion of persons who are infected with HIV-2 do not experience progression to AIDS and many meet criteria for long-term nonprogressors or elite controllers.[18,19,20] The exact reasons for the diminished pathogenicity of HIV-2 remain incompletely defined, but both intrinsic viral factors and innate and adaptive immunity likely play important roles.[15] The small proportion of persons with HIV-2 who suffer immunologic decline develop similar opportunistic infections as individuals with HIV-1 infection.[15] In natural history perinatal studies conducted in West Africa (in the pre-antiretroviral era), the rate of perinatal transmission of HIV-2 was significantly lower than for HIV-1, typically less than 5% versus approximately 25%.[14] Sexual transmission and genital shedding is also less efficient in persons with HIV-2.[5,21,22,23]

Effect of HIV-2 Coinfection on HIV-1 Progression

Limited data exist on the natural disease progression in persons infected with both HIV-1 and HIV-2; in West Africa, up to 15% (approximately) of individuals have dual infection, though the proportion of persons with HIV-2 monoinfection has decreased as the prevalence of HIV-2 has decreased.[15,24] Unfortunately, initial infection with HIV-2 does not appear to protect against subsequent HIV-1 acquisition as was initially reported in a cohort of female sex workers in Dakar, Senegal.[16,25,26] One study suggested that persons with HIV-1 and HIV-2 dual infection have slower disease progression and delayed death when compared with those who have HIV-1 monoinfection, with the greatest benefit occurring when HIV-2 infection precedes HIV-1 infection.[24] Other studies, including a robust meta-analysis, found no survival benefit in persons dually infected with HIV-1 and HIV-2 when compared with persons who have HIV-1 monoinfection.[25,27]
2014 Surveillance Case Definition for HIV-2 Infection

In 2014, the Centers for Disease Control and Prevention released a Revised Surveillance Case Definition for HIV Infection that added specific criteria for defining a case of HIV-2, which was not part of the 2008 case definition.[28] To classify an adult as having HIV-2 infection, one or more of the following laboratory criteria are necessary:

- FDA-approved HIV-1/HIV-2 type-differentiating antibody test result positive for HIV-2 and negative for HIV-1
- Positive HIV-2 Western blot result and negative or indeterminate HIV-1 Western blot result
- Positive qualitative HIV-2 nucleic acid test (NAT)
- Detectable quantitative HIV-2 NAT (viral load)
- Laboratory results interpreted as consistent with HIV-2 infection by a laboratory expert experienced in differentiating HIV-2 from HIV-1 if laboratory evidence for HIV-2 is ambiguous

In addition, the 2014 Revised Surveillance Case Definition for HIV Infection classifies an individual as having dual infection (with HIV-1 and HIV-2) if both an HIV-1 NAT and an HIV-2 NAT are positive.[28]
Diagnostic Testing for HIV-2 Infection

Approach to Diagnostic Testing for HIV-2

In CDC screening guidelines for HIV infection issued prior to 2014, specific HIV-2 testing was recommended only for persons with known HIV risk factors (or a clinical illness that suggested HIV infection) and a negative HIV-1 test (or indeterminate Western blot).[29] With this older HIV testing algorithm, which utilized HIV enzyme immunoassay (EIA) as the screening test and HIV-1 Western blot as the confirmatory test, the diagnosis of HIV-2 was often missed because HIV EIA testing detects both HIV-1 and HIV-2, but does not distinguish between them; in addition, the traditional HIV-1 Western blot fails to detect HIV-2 (or it indicates an indeterminate or false positive result for HIV-1).[12, 29, 30] It is important to note that HIV-1 RNA and DNA assays do not reliably detect HIV-2.[1, 30] Use of tests as recommended in the CDC and Association of Public Health Laboratories (APHL) HIV diagnostic algorithm can reliably detect HIV-2; the fourth generation HIV-1/HIV-2 antigen/antibody test is the recommended initial test, which is followed by an HIV-1/HIV-2 differentiation immunoassay if the initial test is positive (Figure 4).[30, 31] With use of the CDC recommended testing algorithm, all patients undergoing HIV testing are thus tested for both HIV-1 and HIV-2.[30, 31] In some circumstances, such as an indeterminate HIV-2 test on the HIV-1/HIV-2 differentiation immunoassay, HIV-2 NAT diagnostic testing is recommended.[32] Diagnostic HIV-2 qualitative testing is now available for diagnostic purposes through two laboratories: University of Washington Laboratory Medicine (HIV-2 DNA/RNA Qualitative) and the New York State Department of Health (HIV-2 Qualitative RNA Detection). It is important to recognize that about 40% of persons with HIV-2 who are not receiving antiretroviral therapy have undetectable HIV-2 RNA levels; for this reason, HIV-2 RNA viral load testing is not a reliable diagnostic test.[33, 34, 35]

Interpretation of Diagnostic Tests in HIV-2 Infection

- **Enzyme Immunoassay (EIA):** A person with HIV-2 infection will likely have a positive HIV enzyme immunoassay (EIA) regardless of which test is used because most, but not all, EIA tests detect both HIV-1 and HIV-2. [29] Commercially available EIAs do not generally differentiate between HIV-1 and HIV-2, although there is a specific HIV-2 EIA that is FDA-approved (Genetic Systems HIV-2 EIA).
- **Rapid Tests:** Several rapid HIV tests are FDA-approved for the detection of HIV-2 infection, including the OraQuick Advance Rapid HIV-1/2 Antibody Test, Clearview HIV 1/2 STAT-PAK, Clearview COMPLETE HIV 1/2, INSTI HIV-1/HIV-2 Rapid Antibody Test, Architect HIV Ag/Ab Combo Assay, and Alere Determine HIV-1/2 Ag/Ab. These rapid tests do not distinguish HIV-1 from HIV-2 infection. The Genieus HIV 1/2 Supplemental Assay is a rapid test approved for the differentiation of HIV-2 from HIV-1 infection.[36, 37]
- **Differentiation Assays for HIV-1/HIV-2:** In the United States, the Multispot HIV-1/HIV-2 Rapid Test, Geenius HIV 1/2 Supplemental Assay, and BioPlex 2200 HIV Ag-Ab are FDA-approved for differentiating HIV-1 from HIV-2 infection.[37, 38, 39] The Multispot HIV-1/HIV-2 Rapid Test is no longer manufactured in the United States. The Geenius test can detect four antibodies to HIV-1 (p31, gp160, p24, and gp41) and two antibodies to HIV-2 (gp36 and gp140) (Figure 5).[36, 37] In the 2014 recommended algorithm for general HIV testing, the HIV-1/HIV-2 differentiation assay is the second step in the algorithm.[30] The CDC has issued a technical update on HIV-1/2 differentiation assays that provides guidance for three results that may occur in the Geenius assay that were not previously seen with the Multispot HIV differentiation assay: HIV-2 positive with HIV-1 cross reactivity, HIV-2 indeterminate, and HIV indeterminate.[32] If the result is HIV-2 positive with HIV-1 cross reactivity, the CDC recommends considering this result as positive for HIV-2 infection. For specimens with a result of HIV-2 indeterminate or HIV indeterminate results, additional testing is required (often including HIV-2 nucleic acid testing) and guidance in the technical update should be followed carefully; ideally, expert consultation is obtained in this setting.
- **HIV Western Blot:** The HIV Western blot is no longer routinely used for HIV diagnosis and
not recommended in the CDC 2014 HIV testing algorithm. Infection with HIV-2 may cause a negative, indeterminate, or positive HIV-1 Western blot due to cross-reacting antibodies. In the setting of HIV-2 infection, patients often have an indeterminate HIV-1 Western blot pattern, with the presence of Gag bands (p55, p24, or p17) and Pol bands (p66, p51, or p31), but absence of Env bands (gp160, gp120, or gp41) (Figure 6).[1,13] The Western blot pattern in patients with HIV-2 infection occurs because HIV-1 and HIV-2 are 60% similar in the regions encoding gag and pol, but only 30 to 40% similar in the region encoding env. In the United States, HIV-2 Western blot tests are not FDA-approved but some HIV-2 supplemental HIV-2 antibody tests are commercially available through reference laboratories.[1]

- **Qualitative Plasma HIV-2 RNA**: An HIV-2 nucleic acid test is typically utilized to confirm a positive HIV-2 differentiation assay or to provide additional information in the setting of an indeterminate result on the HIV Geenius differentiation assay. A positive qualitative HIV-2 RNA will confirm a diagnosis of HIV-2. A negative HIV-2 plasma RNA test, however, does not rule out HIV-2 infection, since approximately 40% of persons with untreated chronic HIV-2 have undetectable plasma HIV-2 RNA levels.[33,34,35] To address this issue, investigators have developed a qualitative assay that detects HIV-2 total nucleic acid in patient peripheral blood mononuclear cells; this assay can detect HIV-2 DNA and RNA in patients with HIV-2 infection who have undetectable plasma HIV-2 RNA levels.[40]

**Quantitative HIV-2 RNA Testing**

The HIV-1 nucleic acid amplification tests (NAAT) do not reliably detect or quantitate HIV-2. Quantitative HIV-2 RNA viral load assays for monitoring response to therapy are available through the University of Washington Laboratory Medicine (HIV-2 RNA Quantitation) and the New York State Department of Health (HIV-2 Quantification).[2]
Antiretroviral Susceptibility and Resistance

The following summarizes what is known related to HIV-2 susceptibility and resistance to medications in specific antiretroviral medication classes.

Nucleoside Reverse Transcriptase Inhibitors (NRTIs)

In general, nucleoside reverse transcriptase inhibitors (NRTIs) are active against HIV-2, but due to naturally occurring polymorphisms in HIV-2, may have less activity and a lower genetic barrier of resistance to HIV-2 than to HIV-1.[41] Although HIV-1 and HIV-2 share some classic NRTI resistance mutations, such as the M184V mutation, which causes high-level resistance to lamivudine and emtricitabine, HIV-2 often follows different resistance pathways than HIV-1. For example, HIV-2 resistance to zidovudine occurs through the Q151M mutation rather than through the common thymidine analog mutation (TAM) pathways typically observed with HIV-1 infection.[42] Studies have produced conflicting results regarding the frequency of the K65R mutation in HIV-2 infection and its impact on susceptibility to tenofovir and abacavir.[41,43,44] Available data suggest the development of the Q151M mutation in combination with a K65R or M184V mutation results in resistance to zidovudine, lamivudine, and emtricitabine; the presence of all three mutations together causes broad NRTI class resistance.[45]

Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTIs)

Multiple studies have shown that HIV-2 has intrinsic resistance to non-nucleoside reverse transcriptase inhibitor (NNRTI) drugs.[41,46] This intrinsic resistance occurs because the Y181I and Y188L substitutions are natural polymorphisms present in HIV-2 strains and these mutations alter the NNRTI binding pocket in the reverse transcriptase enzyme, rendering it less receptive to NNRTI medications.[47]

Integrase Strand Transfer Inhibitors (INSTIs)

Accumulating evidence suggests INSTIs usually have activity against HIV-2.[2,48,49] The resistance that affects susceptibility of HIV-2 to INSTIs shares some similarities with those of HIV-1, though some key differences exist.[50,51,52] For example, the integrase mutations N155H or Q148R confer resistance to raltegravir in both HIV-2 and HIV-1, but for HIV-2 the Y143 pathway requires secondary mutations to cause significant resistance (contrary to what is observed with HIV-1).[50] Elvitegravir has activity against HIV-2 and, as in HIV-1, there is a high-degree of cross-resistance between raltegravir and elvitegravir.[49] As seen with HIV-1, raltegravir and elvitegravir have a relatively low barrier to resistance to HIV-2, perhaps even lower with HIV-2 than with HIV-1 due to intrinsic polymorphisms at secondary integrase sites.[53] A case series involving 5 patients with HIV-2 reported very good virologic and CD4 treatment responses with a raltegravir-based regimen.[48] Dolutegravir has in vitro activity against HIV-2, and a small study has shown modest efficacy with dolutegravir in persons with HIV-2 and prior treatment experience that resulted in resistance to first-generation integrase inhibitors.[54] Ongoing studies are needed to help clarify potentially unique cross-resistance patterns between dolutegravir and other INSTIs in HIV-2 relative to HIV-1.[51] There are no clinical data on the use of bictegravir-tenofovir alafenamide-emtricitabine for the treatment of HIV-2, but in vitro data suggest that HIV-2 is highly sensitive to bictegravir.

Protease Inhibitors

Several studies have reported that HIV-2 has inherent partial or full resistance to some protease inhibitors, with only lopinavir-ritonavir, darunavir, and saquinavir having clinically useful activity against HIV-2.[41,55,56,57,58] Investigators have identified four residues at amino acid positions—32, 47, 76, and 82—in the protease binding cleft that differ between HIV-2 and HIV-1 and predict protease inhibitor sensitivity.[59] Studies have shown that fewer HIV protease mutations are
necessary for resistance to develop in HIV-2 compared with HIV-1. If a protease inhibitor is used to
treat HIV-2, boosting with ritonavir or cobicistat is recommended. Based on available data, the
recommended protease inhibitor-based regimens for HIV-2 consist of boosted darunavir, lopinavir, or
saquinavir, in combination with two NRTIs.\[2\]

**Fusion Inhibitors**

*In vitro* data have shown HIV-2 has intrinsic resistance to the fusion inhibitor, enfuvirtide.\[46\]
Resistance to enfuvirtide correlates with genetic diversity at the target regions for the drug, namely
the HR1 domain of the viral gp41 region.\[60\]

**CCR5 Inhibitor**

The efficacy of the CCR5 inhibitor, maraviroc, is uncertain since HIV-2 can use several different co-
receptors to enter cells and there is no commercial HIV-2 co-receptor tropism screening assay that
would determine whether the patient has pure CCR5-tropic HIV-2.\[1, 2, 61, 62\]
HIV-2 Treatment Recommendations

Clinical Trials on Treatment for HIV-2 Infection

There are no published randomized, controlled trials that provide definitive guidance on the optimal timing or regimen for initial antiretroviral therapy of persons with HIV-2 infection, though several clinical trials are in progress. The lack of data on HIV-2 treatment is due to a combination of factors, including the low prevalence of HIV-2 (especially in the United States and Europe) and the lower virulence of HIV-2 compared with HIV-1, which has made investigation of antiretroviral therapy for HIV-2 less of a priority than for those with HIV-1 infection.[1] Up to this point, most of the data on HIV-2 treatment have come from small observational studies.[63]

Timing of Initiating Antiretroviral Therapy with HIV-2

Although individuals with HIV-2 infection generally have a slower disease progression than persons with HIV-1 infection, they generally have a less robust CD4 count increase in response to antiretroviral treatment.[63,64,65,66] This poor CD4 cell count response to antiretroviral therapy in persons with HIV-2 suggests that persons with HIV-2 infection should start antiretroviral therapy without delay. In addition, early treatment of HIV-2 infection, in theory, would reduce transmission of HIV-2 to others.

Antiretroviral Regimens for Treatment of HIV-2 Infection

Based on experience with HIV-1 infection, a three-drug antiretroviral regimen should be used to treat HIV-2 in order to maintain viral suppression and avoid development of resistance from suboptimal therapy. Since resistance testing is not commercially available for HIV-2, baseline resistance testing is not an option to guide initial therapy. Transmitted HIV-2 drug resistance has been reported, but to date, appears to be rare.[67,68] Due to intrinsic resistance of HIV-2 to the NNRTI class of drugs, the Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents Living with HIV recommend treating persons with HIV-2 infection using two NRTIs in combination with either an INSTI (raltegravir, elvitegravir, dolutegravir, or bictegravir) or an HIV-2 active boosted protease inhibitor (darunavir, lopinavir, or saquinavir).[2,66,69] The Adult Antiretroviral Therapy Guidelines do not specify which boosting agent (ritonavir or cobicistat) should be used with darunavir. One case report and preliminary data from one clinical trial have shown favorable results with cobicistat-boosted elvitegravir (in a single tablet regimen of elvitegravir-cobicistat-eminicitabine-tenofovir DF).[49] Similar promising preliminary results were seen in a pilot trial of raltegravir plus tenofovir DF-emtricitabine.[71]

Treatment of Persons with HIV-1 and HIV-2 Dual Infection

Individuals with dual HIV-1 and HIV-2 infection should undergo baseline genotypic resistance testing for HIV-1, but resistance testing for HIV-2 is not commercially available in the United States.[2,69] Treatment of persons with dual HIV-1 and HIV-2 infection should consist of an antiretroviral regimen that effectively treats both viruses, even if the baseline HIV-2 plasma viral load is low or undetectable.[66] All of the preferred regimens in the Adult Antiretroviral Therapy Guidelines for treatment of HIV-1 have good activity against both HIV-1 and HIV-2.[2] In this setting, if possible, monitoring of both HIV-1 and HIV-2 plasma RNA levels should be performed.[72,73]

Clinical follow-up and Laboratory Monitoring for HIV-2

Until further HIV-2 specific data is available, clinicians should follow recommendations for HIV-1 clinical management and HIV primary care, including opportunistic infection prophylaxis and laboratory monitoring on antiretroviral therapy.[2] Traditionally, because of limited availability of HIV-2 RNA assays, response to antiretroviral therapy in most individuals with HIV-2 infection has
been gauged only by regular clinical monitoring and repeated CD4 cell count monitoring. Since several laboratories are now capable of performing quantitative HIV-2 RNA levels, the management of persons with HIV-2 on antiretroviral therapy should include routine monitoring of quantitative HIV-2 levels, similar to what is done for persons with HIV-1 infection.
## Summary Points

- Compared with pandemic HIV-1, HIV-2 is a less virulent and less transmissible virus.
- Infection with HIV-2 should be considered in persons with risk factors for HIV-2 acquisition and in persons with a clinical illness (such as an AIDS-associated opportunistic infection) that suggests HIV infection but in whom testing for HIV-1 is negative.
- Use of the CDC and APHL HIV diagnostic testing algorithm (1) detects HIV-1 and HIV-2 infection in the initial screening test and (2) distinguishes HIV-1 and HIV-2 with the HIV differentiation assay used in the second step. A positive HIV-2 qualitative RNA or DNA confirms infection, but HIV-2 RNA alone is not reliable to rule out infection since approximately 40% of persons with HIV-2 infection have undetectable HIV-2 RNA levels.
- Persons with HIV-2 infection have poorer CD4 cell count responses to antiretroviral treatment relative to patients with HIV-1 infection, so early diagnosis and early initiation of therapy for HIV-2 should be emphasized.
- HIV-2 has intrinsic resistance to all NNRTI drugs, some protease inhibitor medications, and to the fusion inhibitor, enfuvirtide.
- HIV-2 is generally susceptible to NRTIs, certain PIs, and to INSTIs although naturally occurring polymorphisms may in effect result in a lower genetic barrier to resistance for HIV-2 than to HIV-1. Among the protease inhibitors, lopinavir, saquinavir, and darunavir have the best activity against HIV-2.
- Data to inform first-line therapy for HIV-2 infection are sparse, but most experts recommend treatment for HIV-2 infection with 2 NRTIs plus either an INSTI or an HIV-2-active boosted protease inhibitor.
- Individuals with dual HIV-1/HIV-2 infection should receive an antiretroviral regimen that can effectively treat both viruses.
- In the event of clinical or virologic failure on antiretroviral therapy, consultation with an expert in HIV-2 management is recommended.
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Figures

Figure 1 Number (N = 164*) and percentage of persons receiving diagnoses of HIV-2 infection, by country of birth --- United States, 1987--2009

A total 164 cases of HIV-2 were included in this analysis.

**Figure 2 Plasma HIV-2 RNA Levels in Untreated Persons with HIV-2 Infection in West Africa**

This figure shows data from individuals diagnosed with HIV-2 in a rural West African village in Guinea-Bissau who had plasma HIV-2 RNA levels prospectively measured in 1991, 1996, 2003, and 2006. The graphic shows survival based on baseline plasma HIV-2 RNA levels, compared with survival of persons in that region who were HIV-uninfected.

In this study, 138 individuals diagnosed with HIV-2 in a rural West African village had plasma HIV-2 RNA levels were measured in 1991 and investigators tracked mortality of an 18-year period. The group that had a baseline HIV-2 RNA level less than 100 copies/mL had a very low mortality rate 18 years later, similar to that of the general population in West Africa.

Figure 4 2018 CDC AHPL Recommended Laboratory HIV Testing Algorithm for Serum or Plasma Specimens

This graphic shows the HIV testing algorithm as recommended in 2014 and updated in 2018 by the Centers for Disease Control and Prevention and Association of Public Health Laboratories.

The Geenius HIV-1/HIV-2 Supplemental Assay is a single-use immunochromatographic test that utilizes multiple recombinant or synthetic peptides to detect HIV-1 and HIV-2. Note the HIV-2 antibodies detected include gp36 and gp140 (marked by yellow color).

Figure 6 HIV-1 and HIV-2 Gene Products, Proteins, and Glycoproteins

Note the differences between some of the HIV-1 and HIV-2 proteins; this difference explains why HIV-1 Western blot tests fail to detect HIV-2 infection or give an indeterminate result.

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